

# South Shore Center for Wellness LTD

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**In-Home Therapy (IHT) Referral Form Conventional: \_\_\_\_\_ Multicultural: \_\_\_\_\_**

Youth Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Identified Gender: Male ☐ Female ☐ Trans ☐ Non-Binary ☐ Other \_\_\_\_\_

Identified Ethnicity: \_\_\_\_\_ Identified Gender: \_\_\_\_\_ Birth Gender: Male Female

Guardian Ph # - \_\_\_\_\_ MMIS #: \_\_\_\_\_ Phone #: \_\_\_\_\_

Insurance Co: (MBHP) (BMC)(NHP)(Network Health)(DCF-Family networks) Policy #: \_\_\_\_\_

Guardian Parent Name: \_\_\_\_\_ Relation to Youth: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Languages Spoken: \_\_\_\_\_

Members of Household: \_\_\_\_\_

DCF Worker: \_\_\_\_\_ Phone: \_\_\_\_\_ Agency: \_\_\_\_\_

Referral Name: \_\_\_\_\_ Referral Agency: \_\_\_\_\_

Referral Phone: \_\_\_\_\_ *If ICC- Have the 11-IT service units been authorized? Y/N*

If clinical provider please attach CANS & Safety Plan (if applicable)

\*ICC: attach CANS, Safety Plan & Care Plan

Has the family voluntarily agreed to this referral? Y / N

Have you spoken to the family about this referral? Y N

Prior / Current Tx or services:

\_\_\_\_\_  
\_\_\_\_\_

Axis I Diagnosis: \_\_\_\_\_

Other Providers (CSA, Psychiatry, Ind. Therapist, Etc.)

Significant Impairment in Functioning (Please Circle)

Home School Community

Other: \_\_\_\_\_

Reason for Referral:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Reason IHT Level of Care needed (check all that apply):

☐ Outpatient services alone are not sufficient to meet youth and family's need for clinical intervention.

☐ Need for care coordination with school, other providers, state agencies, natural supports, etc.

☐ Need for increased frequency/duration! flexibility of family sessions depending on need in home/community.

☐ High Level of risk factors (indicate):

\_\_\_\_\_  
\_\_\_\_\_

☐ Need for 24 / 7 urgent telephonic response and risk management safety planning.

Need treatment to enhance youth's problem-solving, limit setting, and communication to sustain youth in home.

☐ Youth at risk for out-of-home placement.

☐ Strengthen caregiver(s) ability to sustain youth in home.

At- Risk Factors or Safety Concerns present:

Youth Risk Factors

- € Suicidal Ideation
- € Suicidal gestures
- € Self- injurious behavior
- € Homicidal ideations
- € \*Current substance use
- € \*History of substance use
- € Running away
- € Violence /aggression towards others
- € Lack of social group
- € Gang involvement
- € Sexualized aggression/behavior
- € Takes dangerous risks
- € Fire-setting
- € School refusal
- € Isolation behavior
- € Trauma history
- € Medical/physical issues
- € Sexual promiscuity
- € Not medication compliant
- € In Home
- € Other

Caregiver Risk Factors

Which caregiver

- € Current substance use
- € History of substance use
- € Not medication compliant
- € Housing instability
- € Financial distress
- € Current domestic violence
- € History of domestic violence
- € Mental health diagnosis
- € Medical/ physical issues
- € Unable / unwilling to provide natural supports
- € Lack of natural supports
- € In Home
- € Other \_\_\_\_\_

\*If history of or current substance abuse, has *youth* ever been admitted to CASTLE? Y N